

CLAIMS

1. An information recording medium comprising:
a substrate on which the grooves are formed;
5 a recording layer to which an optical beam is applied;
and
a cover layer for protecting said recording layer,
wherein said cover layer, said recording layer and said
substrate are disposed in this order from the side where said
10 optical beam is applied; and
wherein the thickness of said recording layer formed in
an area opposed to said groove and forming a recording track
on which the information is recorded is greater than the
thickness of said recording layer formed in an area opposed
15 to an area between said two adjacent grooves on said substrate.
2. The information recording medium according to claim 1,
wherein a reflecting layer for reflecting said optical beam
is disposed between said recording layer and said substrate,
and said recording layer is formed on said reflecting layer
20 provided on said substrate by a spin coat method.
3. The information recording medium according to claim 1
or 2, wherein the depth of said groove and the thickness of
said recording layer forming said recording track are set up
such that
25 $-360^\circ < \theta_0$, $\theta_1 < -180^\circ$, and $\theta_0 < \theta_1$
where the phase in the reflected light of said optical beam
from said recording track on which said information is not

recorded is θ_0 , the phase in the reflected light of said optical beam from said recording track on which said information is recorded is θ_1 , and the phase in the reflected light of said optical beam from an area on said substrate between said two adjacent grooves for said information recording medium on which said information is not recorded is 0° .

4. An information recording apparatus for recording information on the information recording medium according to any one of claims 1 to 3, comprising:

10 an encoder device for encoding said information to generate the encoded information;

a modulation device for modulating said optical beam based on said generated encoded information; and

15 a radiation device for radiating said modulated optical beam to said recording track from the side of said cover layer to record said information.